

# Month Of October Is Breast Cancer Awareness Month

During National Breast Cancer Awareness Month this October, the American Cancer Society (ACS) continues to recommend mammograms for all women age 40 and older every year to help detect breast cancer early.

This year alone, an estimated 182,460 women will be diagnosed with invasive breast cancer, and an estimated 40,930 will die from the disease. Breast cancer is the most frequently diagnosed non-skin cancer in women, and the second leading cause of cancer death (after lung cancer).

Although breast cancer death rates among women have been decreasing steadily since 1990 due to earlier detection and better treatments, mammography rates are now declining according to a recent study.

This raises cause for concern, as studies continue to show that one of the most important ways to make strides in the fight against breast cancer is to ensure that women continue getting their yearly mammogram, which can detect cancer at its earliest, most treatable stages.

Unfortunately, millions of women are missing potential life-

saving breast cancer screening due to lack of insurance.

A recent study in *CANCER*, a peer-reviewed journal of the Society, shows that uninsured and Medicaid insured women were about 2.5 times more likely to be diagnosed with advanced breast cancer than women with private insurance. This study also found that African American and Hispanic women were more likely than white women to be diagnosed with advanced breast cancer, regardless of insurance status.

"As we continue to stress the importance of mammograms, it is also important to raise the issue

of access to the proper screenings for the disease," said [Insert Name of Local Spokesperson, Title].

"As critical as mammograms are, it is of great concern to make sure all women can get a mammogram without worrying about cost. Every woman deserves a mammogram every year.

That's why the Society and its sister advocacy organization, the American Cancer Society Cancer Action Network, are working to ensure that all women have access to this lifesaving screening."

In addition to mammograms, the Society also recommends the use of magnetic resonance imaging (MRI) screening for some women at

increased risk for breast cancer. For most women who have a 20 to 25 percent or greater lifetime risk of the disease, according to risk assessment tools based mainly on family history, screening with MRI and mammography should begin at age 30 years and continue for as long as a woman is in good health.

The Society's guidelines are a critical step in helping to define who should be screened using MRI in addition to mammography, as women at very high risk of breast cancer can be diagnosed much earlier when combining the two technologies rather than mammography alone.

The American Cancer Society offers a variety of free programs and services to help women with breast cancer.

The Society provides services such as transportation to treatment and free lodging near cancer treatment centers, and offers programs that connect recently diagnosed women with women who have survived breast cancer to talk about the experience.

The Society also offers a program that helps female cancer patients learn beauty techniques

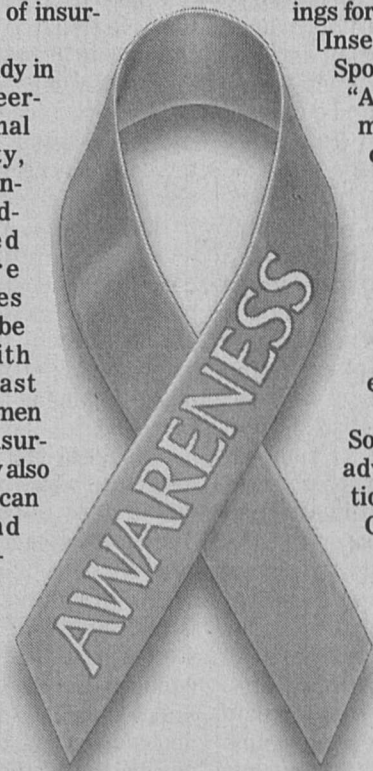
to address appearance and self-image during chemotherapy and radiation treatments.

Up-to-date cancer information and referrals to local programs and other community resources can be obtained by calling the Society at 1-800-227-2345, 24 hours a day, seven days a week, 365 days a year, or logging on to [www.cancer.org](http://www.cancer.org).

A free mammogram reminder is available for friends and family to encourage the women in their lives to get their yearly mammograms, and can be found at [www.cancer.org/mammogram-reminder](http://www.cancer.org/mammogram-reminder).

The American Cancer Society is dedicated to eliminating cancer as a major health problem by saving lives, diminishing suffering and preventing cancer through research, education, advocacy and service.

Founded in 1913 and with national headquarters in Atlanta, the Society has 13 regional Divisions and local offices in 3,400 communities, involving millions of volunteers across the United States. For more information anytime, call toll free 1-800-ACS-2345 or visit [www.cancer.org](http://www.cancer.org).



## Firsthand Story Of 1900 Hurricane Reprinted

The following article was printed in the December 23, 1952 issue of the Colorado Citizen.

It was submitted by Wm. Harrison, Sr. It recounts events of the 1900 hurricane as told by residents of Alleyton who survived it.

Mr. and Mrs. W.H. Harrison of near Alleyton have loaned The Citizen a copy of the paper published in 1900 when it was owned and edited by Ben M. Baker and called The Colorado Citizen.

The old paper was found last summer when the Harrison's were cleaning out an old outbuilding filled with family relics. The main reason it had been saved was that it carried a story of the 1900 storm in Galveston, written by Miss Augusta Leysaht and Miss Lucy Dittman of Alleyton who were attending school at the Ursuline Convent in Galveston at the time, and who went through the storm.

Miss Leysaht now lives in Columbus. Miss Dittman, aunt of Mr. Harrison, married Allen F. Mitchell and lives in Corsicana. She has been bedridden for 11 years.

The girls wrote the story especially for The Citizen and it was published in the issue of Oct. 11, 1900. The storm had begun Sept. 8.

They wrote, "Saturday morning the wind was blowing fairly strong, rain was falling and no sun had appeared. As the morning advanced the wind grew stronger and the rain beat harder against the window panes. At noon the water was up to the convent walls, but not deep.

"People could now be seen leaving the beach; most of the street cars had ceased running; homes were deserted and their occupants could be seen running about. Places of refuge were being sought and many came to the Ursuline Convent, where we were.

The kindhearted sisters admitted all who came and it was estimated that the convent roof was sheltering more than one thousand persons. At 6 o'clock, the water almost covered the convent wall, which was 10 feet high.

"As night came on conditions grew steadily worse; the wind increased in velocity...and the immediate future seemed dark indeed nor did the danger abate 'till morning. Deeds of mercy occupied the time of the sisters, and as for us, each thought the next minute would be her last. Windows were being smashed, doors blown open, the rooms and halls flooded, people were screaming for help, sisters and scholars were praying. Two sisters and two workmen went over to the kitchen to see about the provisions and while there the water came near imprisoning them. They were forced to seize some rafters to which they clung until

all were rescued - a most trying two hours.

**Dawn Comes**  
When morning dawned (oh! what a sad Sabbath morning) hundreds of people could be seen wandering about the streets with nothing left to them but what they had on. Eighteen bodies were found near the convent Sunday morning. Fresh water was scarce. Imagine, if you can, what a taste our tea and coffee had since salt water was used in their making.

We were still kept in one room all of Sunday and Monday. Tuesday morning a relative came from Alleyton and we experienced unutterable joy. At 10 a.m. we left the convent. The streets were strewn with debris of every description. We went to the wharf where we took passage to Texas City. We were three hours crossing the bay, which as far as we could see, was full of floating wreckage, dead bodies and large and small boats washed from their moorings. We rode eight miles on a flat car, walked a mile to a relief train, which took us to Houston. From Houston we went home to relatives and friends and thus endeth the "Story of the Storm".

## Nativity Fall Fest October 19

Parishioners of the Parish of the Nativity Roman Catholic Church in Eagle Lake invite the community, as well as surrounding areas, to make plans to come and share a wonderful day at the church's Annual Fall Festival on Sunday, October 19.

The all-day festival will be held at the church's pavilion located at 545 S. Austin Road (across from the hospital in Eagle Lake).

Barbecue chicken with all the trimmings will be served from 11 a.m. until 1 p.m., and meal tickets are \$7 each. You may dine on the outdoor pavilion, or curb service

will be available in a convenient drive-through line.

The live auction featuring lots of fabulous items is scheduled to begin at 1 p.m. A drawing for 41 prizes, all gift cards, will be held following the live auction. There will be DJ music and much, much more waiting for you and your family throughout the afternoon.

Other activities include a country store, cake and plant walk, basketball free-throw contest, Mexican Bingo, and a variety of food booths. The kids will have a great time with lots of games for children including a fishpond,

SpongeBob and Cookie Monster booths, face painting, and moon-walk.

And for those with even more action in mind, there will be a horseshoe tournament beginning at 2 p.m. and a soccer tournament.

Sunday's Eucharist will be celebrated at the newly renovated church at 310 N. Stevenson Street in Eagle Lake at 8 a.m. in Spanish and 10 a.m. in English.

The Parish of the Nativity encourages you to come out and bring the family to enjoy the day's festivities...there will be something for everyone!

## Faas Graduates From Texas State

Texas State University-San Marcos has announced that the following student was among the graduates during commencement ceremonies held May 9 and 10 at the university:

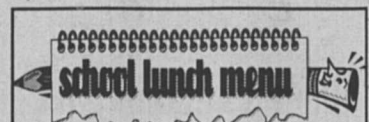
Clinton J. Faas, a resident of Nada, received a master's degree in wildlife ecology.

Texas State is a doctoral granting university located in the Austin-San Antonio corridor on the edge of the Texas Hill Country.

With an enrollment of 29,125

students, it is the largest campus in the Texas State University System, one of the 75 largest universities in the country and has been named one of America's Best Value Colleges by the Princeton Review.

Texas State is a diverse campus community with minority students comprising more than 28 percent of total enrollment. It is one of the top 20 producers of Hispanic baccalaureate graduates in the nation.



### Rice Schools Oct. 13 - Oct. 17

- Breakfast**  
**Mon.**-Breakfast pocket or Cereal, Juice Milk  
**Tue.**-Donut, Sausage patty or Cereal Juice Milk  
**Wed.**-Uncrustable or Cereal Juice Milk  
**Thu.**-Sausage Roll or Cereal Juice Milk  
**Fri.**-Cereal Yogurt Juice Milk  
**Lunch**  
**Mon.**-Chicken Tenders, Garden Rice, Green Beans, Squash Fresh Fruit Milk  
 HS Alt: Sausage Roll  
**Tue.**-Spaghetti w/meat Sauce, Peas & Carrots, Salad, Garlic Bread Fruit, Milk  
 HS Alt: Burrito  
**Wed.**-Ham and Cheese on a bun, chips, Salad, pickle spear, Fresh Fruit, Milk  
 HS Alt: Tuna Salad Sandwich  
**Thu.**-Frito Pie, Chili/Cheese, Pinto Beans, Veggie Sticks, Ranch Dressing, Fruit, Milk  
 HS Alt: Hot Pocket  
**Fri.**-Steakfingers, Spicy Rotini, Mixed veggies, salad, Fresh Fruit, Milk  
 HS Alt: Baked Ham

# School Days

### Rice School Calendar Oct. 13 - Oct. 17

- Mon.**-Jr. High Volleyball vs. Hempstead  
**Tue.**-AG Field Day: 3rd Grade Colorado County Fair Grounds Volleyball-Brazos @ Rice-5:00  
**Wed.**-FCA Meeting-Activity Period All Jrs. PSAT Testing  
**Thu.**- Jr. High Football @ Weimar JV Football @ Weimar-4:30  
**Fri.**- Footbal-Weimar@Rice-7:30-Band Parents Night Volleyball-Weimar@Rice-4:30

Subscribe To The Headlight  
 979-234-5521

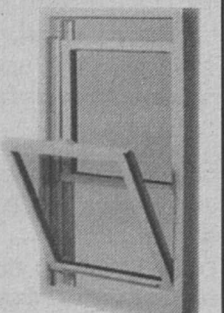
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## HOLY CROSS PARISH BAZAAR

Riverside Hall, East Bernard  
**Sunday, Oct. 12, 2008**  
 Meals Served Starting At 11 a.m.  
**BAR-B-Q BEEF • CHICKEN • SAUSAGE**  
 WITH "HOMEMADE DRESSING" & ALL THE TRIMMINGS  
 HAMBURGERS SERVED STARTING AT 3p.m.

Plenty of Czech Pastries,  
 Refreshments and Country Store Items  
**\*\*Camel, Pony Rides & Petting Zoo\*\***  
**Velcro Wall, Rock Climbing Wall**  
**GAMES ALL AFTERNOON**  
**GRAND AUCTION starting at 12:30p.m.**

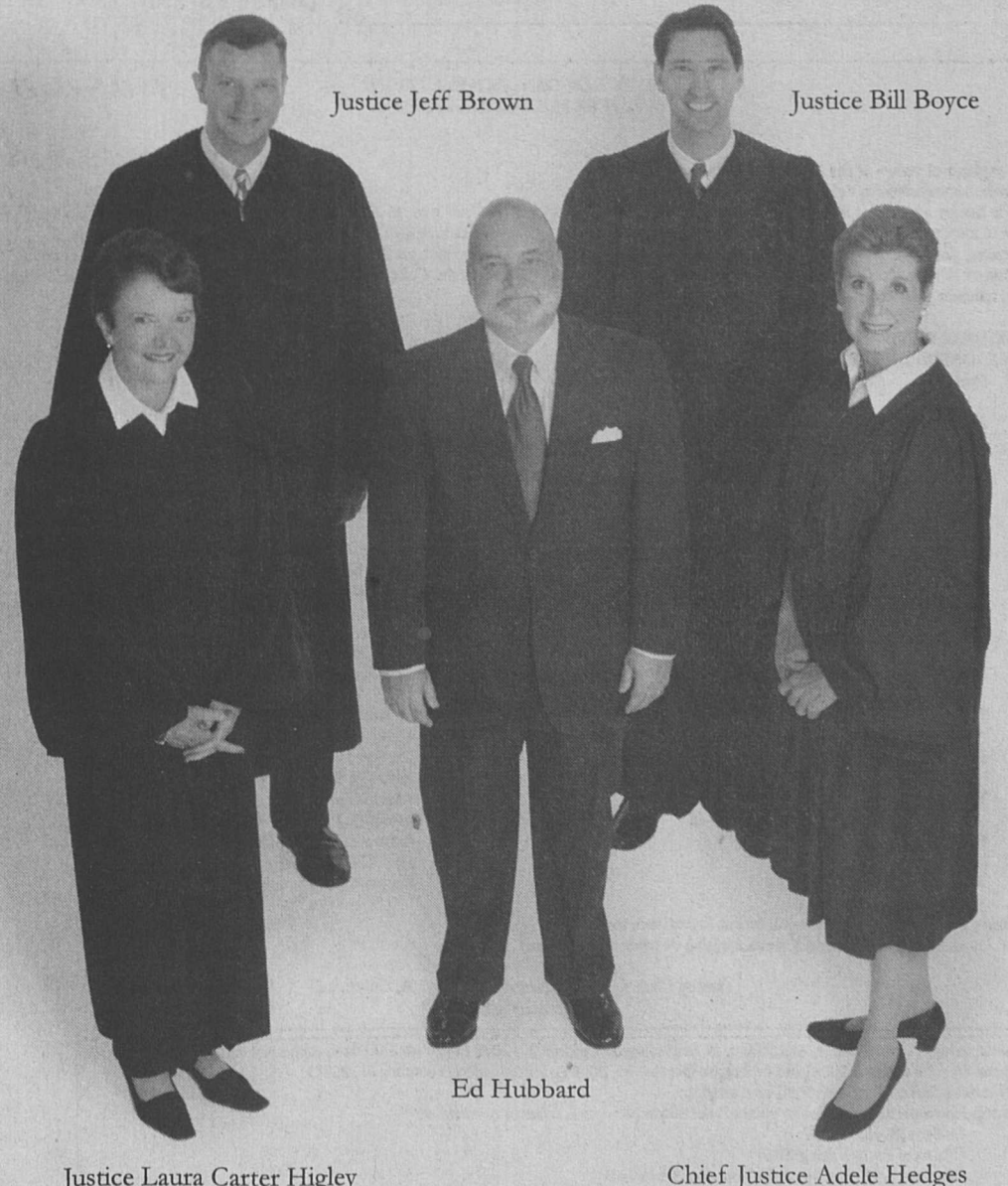
*Music & Entertainment from Noon-Til?*  
 By The Texas Legacy Czech Band (12:00pm-3:30p.m.)  
 Dujka Brothers (3:30p.m.-6:00p.m.)  
 No Limit (Country/Rock 6:00p.m.-til?)

**Drawing at 8p.m.**

**Mass Schedule -- Holy Cross Church**  
**7a.m. and 9a.m.**  
**Everyone Invited!**

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